

Physical Education Long Term Plan

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation Stage	Ongoing Provision	<p>Access the outdoor environment during Busy Learning sessions. The outdoor environment includes apparatus for climbing, bikes, balance beams; footballs, basketball hoops and bats and balls.</p> <p>Set up obstacle courses utilising equipment including: tunnels, balance beams and stilts that the children have access to during free flow.</p> <p>Left and carry blocks and other equipment during their play.</p> <p>Develop their fine motor skills through carefully chosen activities that are provided within continuous provision such as: cutting, threading, hole punches, tweezers and pipettes.</p>					
	Termly Provision	Introduction to PE	Fundamentals/Multi Skills	Gymnastics	Ball Skills	Athletics	Dance
Year 1/2	1	Team building	Fundamentals	Dance	Gymnastics	Multi-skills Games	Athletics
	2	OAA	ABC'S	Multi-Skills Throw and catch	Multi-skills Strike/Field	Multi-Skills Ball Movement	OAA
Year 3	1	OAA	Gymnastics	Invasion Game Football	Dance	Golf	Rounders
	2	Multi Skills-Ball movement	Invasion Game Handball	Circuits	Net and wall Tennis	Multi Skills Athletics	Multi-skills Strike/Field
Year 4	1	OAA	Gymnastics	Invasion Game Football	Invasion games Netball	Golf	Swimming
	2	Multi Skills-Ball movement	Invasion Game Handball	Circuits	Net and wall Tennis	Multi Skills Athletics	Rounders
Year 5	1	Team Building	Dance	Gymnastics	Invasion Game Football	Golf	Cricket
	2	OAA	Invasion game Handball	Circuits	Invasion Game Netball	Multi Skills Athletics	Multi-Skills Cricket
Year 6	1	Dance	Basketball	Gymnastics	Invasion Game Football	Golf	Rounders
	2	OAA	Hockey	Circuits	Tennis	Multi Skills Athletics	Multi-Skills Cricket